3 Ways to Avoid Plagiarism

1. Quote
   - Quote sparingly
   - Quote the original word for word
   - Cite the original source, including page numbers (if available)
   - Explain the significance of the quote

2. Summarize
   - Include only the main ideas and points. Use your own words
   - The resulting text should be shorter than the original
   - Cite the original source
   - Explain the significance of the information

3. Paraphrase
   - Restate the information in your own words
   - The resulting text is similar in length to the original
   - Cite the original source
   - Explain the significance of the information